

Vocation Reflections

April 2020

Dear Readers: *In these remarkable days, we step away from our discernment theme and offer these words for your reflection...*

School Sisters
of Notre Dame



Hermanas
Educadoras
de Notre Dame

Quarantine By Sister Pat Lange, SSND – Central Pacific Province

There is an invisible enemy among us.
It is a silent enemy, it cannot be heard.

The enemy is COVID 19.

This enemy welcomes every culture.

It welcomes every nation.

It welcomes every Faith.

It welcomes every nonbeliever.

It welcomes every sexual orientation.

It welcomes every economic level.

It welcomes every politic.

It welcomes saints, and it welcomes sinners.

This enemy does not discriminate.

This enemy is a destroyer of dreams, hopes, and aspirations.
Age is no barrier to its cold embrace.
It has the power to break the very soul, heart, and body it touches.
It can be a harbinger of despair and pain.



And so now it is time to quarantine.

Quarantine fear.

Quarantine hopelessness.

Quarantine frustration.

Quarantine anxiety.

Quarantine selfishness.

Quarantine despair.

Quarantine the depression of isolation.

Do not quarantine

Do not quarantine your tears for COVID 19 victims.

Do not quarantine your outreach, embrace today with courage and hope.

Do not quarantine your joy, let it fill your very heart and soul.

Do not quarantine your prayers, set the world on fire with them.

Do not quarantine your generosity, let it overflow.

Do not quarantine wisdom, listen to the Spirit speak to you.

Do not quarantine your compassion, gift it without any reservation.

Do not quarantine your gratitude, let gratitude be the air you breathe.

Do not quarantine your vision of the future, walk its path clothed in trust.

Do not quarantine your love of neighbor, let love become your voice,

For "Love gives everything gladly."

Do not quarantine your Faith, grow in it, embrace it, become one with it, share it.

God has helped wondrously until now; neither will He abandon us in the future.

Blessed Theresa of Jesus Gerhardinger – Letter 5032, February 20, 1875

Vocation Reflections is a monthly newsletter for those interested in learning more about discernment, prayer, and other topics related to the consecrated/vowed life. For questions, comments and [subscription information, please contact sisters@ssnd.org](mailto:sisters@ssnd.org)

For Reflection:

How do you continue to experience God's presence during these days of quarantine and isolation?
What new ways are you finding to reach out to create and sustain community?

Looking Ahead: Please register by Wednesday, April 15



My Peace
I Leave with You:
Encountering Christ in
Uncertain Times

What: At Home Day of Prayer
in communion with others
Who: Young Adults 18-40 yrs.
When: Saturday, April 18, 2020
Time: 10:00 a.m-4:00 p.m. CDT*
Register: Sr Stephanie Spandl, SSND
sspandl@ssnd.org/651-278-4498

Group prayer/sharing via video-chat in the
morning and afternoon will bookend a day
of private prayer and reflection.
*Adjust to your time zone

Did you know?

Each of our *Vocation Reflections* is available on-line at our website:
<https://ssnd.org/become-sister/vocation-resources/>

This month's resource: Here's a music video to check out...let us continue in faith / God Is Alive!
https://www.youtube.com/watch?v=Uvu03C0h_8c

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