Welcome to the 2019 Lenten Retreat on Prayer

STAY WITH ME, REMAIN HERE WITH ME

Leading us in our retreat is Sister Sandra Ann Weinke, a School Sister of Notre Dame who has been involved in the spiritual ministries of formation, retreat work, and spiritual direction since the 1970’s. She has a Master’s degree in Theology and another MA in spirituality, providing her a strong foundation for this ministry.

S. Sandra is also an educator, having taught theology at Mount Mary University, Milwaukee, for 20 years. As a missionary in Nigeria, she taught theology to SSND postulants, and later ministered as Postulant director. She worked with seminarians and sisters of other congregations, in both Nigeria and Ghana, giving retreats and workshops.

Since her return from Africa, S. Sandra does retreat work and spiritual direction in the Milwaukee area, and has begun a new ministry of research and writing.

S. Sandra and the Vocation Team of the School Sisters of Notre Dame extend an invitation to you to explore the Lenten texts, to ponder the mysteries of the Scriptures, to sit in contemplative silence and to share your faith journey with your spiritual companion during these weeks of Lent, allowing God to enter your life more deeply.

Reflections are included for Ash Wednesday and each week of Lent. There are also resources describing various ways of entering into prayer.

This online retreat is planned with an interactive dimension of meeting weekly by phone, skype or in-person with a sister spiritual companion to allow for the processing and deepening of your personal reflection and prayer. If you have found your way to these materials without having previously signed up for the retreat and would like to paired with a sister for spiritual companionship, please contact Sister Stephanie at sspandl@ssnd.org.

May your Lenten journey be blessed!