Blessed Theresa, foundress of the School Sisters of Notre Dame, reminds us:
“Follow the star which has arisen in you; it will certainly lead you to Jesus.”

What We’ve Read:

*Sister to sister: Religious reflect on who inspired them to follow God’s call*
Read how women, coming from a variety of backgrounds and at different ages, were inspired to enter religious life.

Thoughts on Prayer / Reflection Questions:

— As you read or hear about how others have begun steps toward discerning religious life in the article above, what are some common threads to the stories? How might these threads be helpful for your discernment?

— What are the obstacles that keep you from taking a next step – whatever it may be?

— It is a natural tendency to come to God saying something like, “Dear God, I’ve been offered this wonderful new job. I think I should take it. Don’t you?” We expect to hear resounding agreement to a question stated like that, and we often close our ears to anything that sounds like no. But in discernment, we come before God with a hearing heart and say that we are faced with a new opportunity; we ask if it is consistent with God’s desires. And then we wait, with both expectancy and patience, for guidance. Or at least we try....if we wish to know what God desires rather than what we think should happen, we need to spend at least some of our prayer time holding the world and our specific concerns before God without an agenda... - *Hearing with the Heart*

Looking Ahead:

*Radio Show: Dare to Love*
Next Airing: February 7
1st Thursday Monthly 8-8:30 a.m.
WNDZ 750-AM Chicago

*Come and Be – Join us for dinner, a concert and prayer*
5135 Mill Run Road - Dallas, TX – NEW LOCATION!
Friday, February 15  6-9:30pm
Contact Sr. Bridget for more info at bwaldorf@ssnd.org or 507-217-0663

*National Vocation Discernment Retreat for **Hispanic women (ages 21-40)*
San Antonio, TX  [Please contact Sister Bridget - bwaldorf@ssnd.org if you need transportation between Dallas-San Antonio]
March 7-10, 2019
$30 registration fee – includes retreat, lodging and meals!
Deep Encounter: Listening with An Open Heart / Profundo Encuentro: Eschuchando Con un Corazon Abierto
Offered in English and Spanish
Hilton Airport Hotel
*Online Registration due January 31, 2019*
www.nationalcatholicsistersproject.org
**While this invitation is to Hispanic women in particular, we welcome all single women between the ages of 21-40 to join us!**
**SSND Women’s Leadership Luncheon: Dallas – St. Louis – Milwaukee – Twin Cities**

In 2019, the luncheons will focus on human trafficking: the causes, who is targeted and what is being done to eradicate it. Each location will feature a speaker who is knowledgeable about human trafficking and who works closely with those who have been affected by it. Attendees will gain an understanding of SSND’s stance on human trafficking and what sisters are doing to remedy the problem. The luncheon is free to all guests.

- **Milwaukee** – March 7  
  Contact Madelyn Kempen at mkempen@ssndcp.org or 262-787-1036 |
- **Dallas** – March 19  
  Contact Sr. Bridget for more info at bwaldorf@ssnd.org or 507-217-0663
- **St. Louis** – March 25  
  Contact Debbie Rohrich-Tyler at drohrichtyler@ssndcp.org or 314-633-7032
- **Twin Cities** – March 29  
  Contact Sr. Stephanie for more info at sspandl@ssnd.org or 651-278-4498

https://www.ssndcentralpacific.org/news-events/womens-leadership-luncheon

**Vocation Jamboree**

University of Mary  
Bismarck, ND  
March 19-21, 2019  
https://www.umary.edu/events/vocations-jamboree.php

**Visiting Women’s Religious Communities**

St. Paul, MN  
Saturday April 6, 2019  
Contact Sr. Stephanie for more info at sspandl@ssnd.org or 651-278-4498

**This Month’s Resources for Discernment:** Here’s a Spotify Playlist for Vocational Discernment

https://open.spotify.com/user/motzm1/playlist/2HNA2UBt0ZLf5Imgex3Rto?si=jFMW48HiRYsSCoMekCdDg