# Vocation Reflections July 2018

In holy obedience we show in action before God and people what we say so often in words: that we believe in God, love him, and hope in him.

- Blessed Mother Theresa of Jesus Gerhardinger; Trust & Dare, July 10, Letter 714

## What We've Read:

"Therefore, the Church fulfills her mission when she guides every member of the faithful to discover and live his or her own vocation in freedom and to bring it to fulfillment in charity."

- Pope St. John Paul II, Pastores Dabo Vobis, 40

"Let the grace of your baptism bear fruit in a path of holiness. Let everything be open to God; turn to him in every situation. Do not be dismayed, for you can do this in the power of the Holy Spirit, and holiness, in the end, is the fruit of the Holy Spirit in your life (cf. Gal 5:22-23).

- Apostolic Exhortation Gaudete Et Exultate of the Holy Father Francis on the Call to Holiness in Today's World

### **Discernment Steps\*** (as developed by Sister Sandra Weinke, SSND; commentary by Sister Bridget Waldorf, SSND) \*PRAYER IS INTEGRATED INTO EACH STEP.

#### **1. LOOK**

What is your experience of yourself, your gifts, and your talents? What are the needs in the world...the Church?

LOOK – look around – what is happening in the world, your community, the church? Evangelization, education, immigration, war, divisions, poverty, prisons, disrespect for life, etc. Look within – what are your gifts / desires / talents and what is your experience of yourself? As you look within, what do you see? We bring our whole selves to our discernment – our head, our hearts, and our physical selves. What are your ambitions, your fears, your attractions and your sense of self?

For example, I recall being drawn to an international congregation and saying to myself, "what's that about?" I didn't know until I reflected on it a bit more that it had to do with some of the cultural experiences I had as a child. Ask yourself, does any of what I see in the world, the community, the church match up to what I know about what I have to offer or hope to offer those situations? Are there religious congregations involved in serving those particular needs?



#### **Next Month: LISTEN**

## **Looking Ahead:**

#### Come & See: SSND Jubilee Celebration

Sunday, July 22 10:00 a.m. – 4:00 p.m. Mankato, MN Contact. Sr. Stephanie Spandl, <u>sspandl@ssnd.org</u> or 651-278-4498 if interested.

Vocation Reflections is a monthly newsletter for those interested in learning more about discernment, prayer, and other topics related to the consecrated/vowed life. For questions, comments and subscription information, please contact sisters@ssnd.org



#### Catholics on Call Young Adult Conference (ages 18-25)

Chicago, IL July 25-28 http://www.catholicsoncall.org/young-adult-conferences

*Come and Be – Dinner & Prayer with the sisters* Dallas, TX August 14, 2018 6-8p <u>bwaldorf@ssnd.org</u> 507-217-0663

This Month's Resources for Discemment: <a href="http://www.catholicsoncall.org/">http://www.catholicsoncall.org/</a>

Love gives everything gladly, again and again... El Amor da todo con alegria y lo renueva cada dia. - 24th General Chapter of the School Sisters of Notre Dame <u>www.ssnd.org</u> <u>www.gerhardinger.org</u> <u>www.ssndcp.org</u> <u>www.amssnd.org</u>

Vocation Reflections is a monthly newsletter for those interested in learning more about discernment, prayer, and other topics related to the consecrated/vowed life. For questions, comments and subscription information, please contact sisters@ssnd.org