

January 25 — February 27, 2018
Winter Sabbatical at The Prairie
Come into Solitude



Our Lady of the Prairie Retreat

Located in rural east central Iowa on a 200-acre native prairie grass woodland along the Wapsipinicon River. The Prairie offers quiet beauty conducive to personal prayer and reflection. The indoor and outdoor environments connect us to our Source, the Creator, who is at the heart of all that we celebrate at the Prairie. Organic and locally grown foods and ecological practices are signature to The Prairie.

- **Cost: for full Sabbatical; \$2500**
- **Cost for Mini-Sabbatical: \$600/week** (Includes registration, room, board)
- **Non-Refundable deposit:** \$100
- **Registration Deadline:** October 1, 2017
- **Our Lady of the Prairie Retreat Airport Shuttle** from Moline, IL International Airport: \$25
- **Spiritual Direction and Massage** will be scheduled on an individual basis. (additional cost)

Our Lady of the Prairie Retreat

2664 145th Ave

Wheatland, IA 52777

www.chmiowa.org/retreat

olpretreat@gmail.com

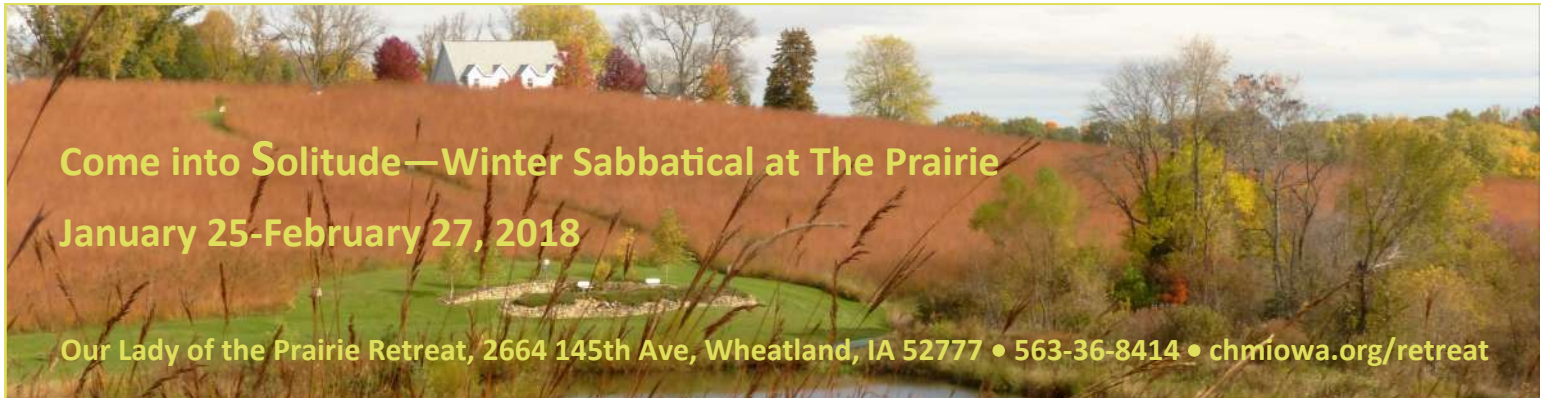
OUR MISSION

We who carry on ministry at Our Lady of the Prairie Retreat provide hospitality and service in a sacred space of peace and beauty that promotes respect for all creation in the Tradition of the Congregation of the Humility of Mary. Individuals and groups of all faiths are invited to use our facilities and services.



A MINISTRY OF THE
CONGREGATION OF THE
HUMILITY of MARY

Inspired by God. Serving you.



A five-week contemplative experience in the heart of a Midwest prairie. The Prairie offers exquisite beauty, profound silence and deep communion with God in this holy place. Take time for rest and renewal while experiencing the revelation of the divine through creation in winter. Experience the labyrinth, cosmic walk, reflection by the pond and meditative walking on our many trails. Practice contemplative seeing through the arts: photography, water color, SoulCollage® and the creation of mandalas that tap into your hidden energy and new dreams. Explore current Christology and the mission of Christ as foundational for your life. Trust this fallow time of the year to focus your abundant gift of life.

Arrival (January 25)
Orientation: January 26-28
Shared Morning Prayer Daily

Week One: January 29 - February 2
Contemplative Seeing through the Arts:
Contemplative Photography, SoulCollage®, Circle of Life (Mandala Prayer), Contemplative Prayer in Watercolor (need not be an artist to benefit from these activities)

Week Two: February 5- 9
Drawing Living Water from the Well of Story
Mary Ann Zollmann, BVM
From the beginning of time women compelled by an insatiable thirst have gathered around wells drawing life-giving water from the depth of their shared experiences. Kin to these women, we come to the well in companionship with women of the scriptures bringing to word our stories as women, as women religious. Drawing from the deep well of our lives where our thirst for God meets and becomes one with God's thirst for us, we listen to water bubbling up within us and overflowing through us as life for our world.

February 10 — Ministry Experience in the Quad Cities Spending time with Humility of Mary Housing and Shelter; serve and share a meal to the homeless at Café on Vine.

Week Three: February 12-16
Our Sacred Universe

Maxine Pohlman, SSND
Together we will explore our sacred universe story as the foundation for awakening consciousness of Earth as the primary revelation of the Great Mystery. We will travel from the broadest context of the universe to our most local context, our common home, as we deepen our relationships to the Divine, one another, and all creation. The week will include presentations, ritual, dialogue, readings, and contemplative time on the land.

Week Four: February 19-23
Wellness and Wholeness

During the final week presentations will focus on aspects of our lives that may take on new meaning following a sabbatical: Spirituality, Strength-Finder®, Healing and Health, Aging, Healthy Eating.

Closure Process Time: February 24-26

Days of reflection preparing to answer, "Now What?" after the sabbatical.

Weekends are free for further exploration of topics presented during the week, hiking, shopping, site seeing, practicing the arts, enjoying the beauty of The Prairie or learning a new skill.

✂ _____

REGISTRATION FORM

NAME: _____ BIRTHDAY: ____/____/____

ADDRESS: _____ CITY: _____

STATE/PROVINCE: _____ ZIP: _____ PHONE _____

Check which program: Full Sabbatical Week 1 Week 2 Week 3 Week 4

For letter of reference contact:

NAME: _____ RELATIONSHIP: _____

ADDRESS: _____ CITY: _____

STATE/PROVINCE: _____ ZIP: _____ PHONE: _____

Send Registration to: Our Lady of the Prairie Retreat, 820 West Central Park Ave., Davenport IA 52804