



**School Sisters
of Notre Dame**
Central Pacific Province

Central Office
320 East Ripa Avenue
St. Louis, MO 63125-2897
314-633-7005
www.ssndcentralpacific.org

FOR ADDITIONAL INFORMATION:
Communications and Community Engagement
314-633-7031
communications@ssndcp.org

FOR IMMEDIATE RELEASE

Jan. 19, 2017

Sister Helen (Mary Gabriel) Fick, SSND
Former teacher

St. Louis – Sister Helen Fick, SSND, died Sunday, January 8, 2017, at Anna House in Bridgeton, Missouri. She was 88, and a former teacher.

The memorial Mass was celebrated January 17 in the School Sisters of Notre Dame Theresa Center chapel in south St. Louis County. Burial was in the Sancta Maria in Ripa cemetery.

Sister Helen was born in Rich Fountain, Missouri. She entered the congregation of the School Sisters of Notre Dame in 1948. She professed first vows in 1951 and final vows in 1957.



She earned a bachelor's degree in English in 1960 from the former Notre Dame College in St. Louis and a master's in education in 1975 from Southern Illinois University in Edwardsville.

Sister Helen began her teaching career at St. Clare in St. Clair, Missouri. She also served as a teacher in Missouri at St. Ignatius in Marthasville, St. George in Linn, St. Joseph in Illmo, Holy Ghost and St. Martin of Tours in St. Louis, and St. Joseph in Westphalia. In Illinois, she taught at Sacred Heart in Effingham and St. Martin of Tours in Washington Park. She worked as a switchboard receptionist at the Motherhouse in St. Louis, and as a tutor at St. Boniface and Notre Dame Tutorial Center, both in St. Louis.

After several years of community service at the Motherhouse in St. Louis, she was missioned to Anna House in 2008. She is survived by a brother, Bernard Fick of Rich Fountain, Missouri, and a sister, Mary Scheuler of Mexico, Missouri.

Memorial contributions may be made to the School Sisters of Notre Dame, Mission Advancement, 320 E. Ripa Ave., Saint Louis, MO, 63125-2897, or online at www.ssndcentralpacific.org/Partner/Donation.

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Notre Dame of Dallas
PO Box 227275
Dallas, TX 75222-7275
214-845-7418

Notre Dame of Elm Grove
13105 Watertown Plank Road
Elm Grove, WI 53122-2291
262-782-9850

Our Lady of Good Counsel
170 Good Counsel Drive
Mankato, MN 56001-3138
507-389-4200

Sancta Maria in Ripa
320 East Ripa Avenue
St. Louis, MO 63125-2897
314-633-7005

St. Mary of the Pines
3167 Old Highway 51 S
Osyka, MS 39657-7056
601-783-3494